

Spring Into Action

Spring is a time for rejuvenation, growth, and new beginnings. Whether it is sports and fitness, exploring your creative side, attending a community event, or heading outdoors, let Happy Valley Parks and Recreation inspire you to get moving.



**CITY OF HAPPY VALLEY
PARKS & RECREATION**



*All Parks and Recreation classes, camps, and special events are subject to space availability. Most programs require a minimum number of participants to proceed. If the minimum enrollment requirement is not met, the class or activity may be canceled. In this case, a refund will be provided, or credit will be given toward another program.

*Classes and events reflected in this schedule were confirmed at time of print. Please note that circumstances could change based on health and safety restrictions. Should this occur, Parks and Recreation staff will notify registered participants of any scheduling changes or cancellation. The City will also post updates on its website and Facebook pages should a Community Event be postponed or canceled.

March – May 2022 Parks and Recreation Programming
To register for one of these featured programs, be sure to check out www.happyvalleyor.gov/services/parks



*In accordance with the Governor's Executive Orders, participants in all Happy Valley Parks and Recreation programs will be asked to practice physical distancing, use hand sanitizer, or wash their hands frequently, and stay home when they are sick. Participants ages 5 and older must also wear a face mask when 6-foot distancing cannot be maintained.



Venvino Art Studios

All art classes will be held at Venvino Art Studios located at 13329 SE Misty Drive.

• Weekly Art Enrichment Program

Mar. 05 – May. 28,
9:00a.m.-11:00a.m.

Saturday - Ages 4-8

\$25/ 2-hour session

Kids aged 4-8yrs can be dropped off at the studio on Saturday between the hours of 9:00am and 11:00am for some fun structured crafts and art play! We'll have several projects for them to create plus coloring, games, stories, sensory play, and more! Give them some time to socialize and play while you take some time for yourself! Your kiddos will learn important skills such as following directions, working together, thinking outside the box, and being creative. Plus, this is a great way for them to build self-confidence and fine motor skills!



• Create and Learn Series – Easter Egg String Art

Mar. 4, 6:00p.m.-7:30p.m.

Friday - Ages 16+

\$25/ 1.5-hour session

Open to ages 16+. Join us for a night of learning and creating! In this session you will learn to create paper flowers! We'll show you a couple of different styles. Each registration comes with one large flower and two smaller flowers. Bring a friend and make an evening out of it!



• Create and Learn Series – Resin Coasters

Apr. 1, 6:00p.m.-7:30p.m.

Friday - Ages 16+

\$25/ 1.5-hour session

Open to ages 16+. Join us for a night of learning and creating! In this session you will learn to create paper flowers! We'll show you a couple of different styles. Each registration comes with one large flower and two smaller flowers. Bring a friend and make an evening out of it!



• Create and Learn Series – Silk Screen Mugs

May. 6, 6:00p.m.-7:30p.m.

Friday - Ages 16+

\$25/ 1.5-hour session

Open to ages 16+. Join us for a night of learning and creating! In this session you will learn to create paper flowers! We'll show you a couple of different styles. Each registration comes with one large flower and two smaller flowers. Bring a friend and make an evening out of it!



Mad Science Spring Break Camps

Classes held indoors at Happy Valley Annex
12915 SE King Rd.

• Moving with Science

Mar. 21 – Mar. 25, 9:00a.m.-12:00p.m.

Ages 5-7 - \$154

Join the Mad Scientist in a fun-filled exploration of how science keeps our world moving. Take a close-up look at a wide array of scientific disciplines including chemistry, biology, engineering, physics, and optics. Take apart owl pellets to see what they cannot digest! Join a team of camper engineers and build bridges, domes, cubes, and pyramids. Make your own sidewalk chalk, crystal garden, and a dyed T-Shirt!



• Secret Agent Lab

Mar. 21 – Mar. 25, 1:00p.m.-4:00p.m.

Ages 7-12 - \$154

Look out 007 — the Mad Science Spy Academy is in session! Step into the shoes of a spy in action from decoding messages to metal detecting and using night vision goggles. Campers will have the opportunity to check out other spy equipment and even create their own edible messages learning how to communicate stealthily just like real spies



To register for one of these featured programs, be sure to check out www.happyvalleyor.gov/services/parks



My Gym in The Park!

All classes held at Happy Valley Park.

• Eggstravaganza 2022

Apr. 02, 10:00a.m.-1:00p.m. - Saturday
Ages 9 months to 10 years - \$20

Join My Gym in the park for their annual Eggstravaganza! This intimate event will feature spring-themed songs, dances, relays, games, and puppets, finished off with an egg hunt! All registered children will receive a goody bag to take home plus the pre-filled eggs they find. A bag will be provided, but you may bring your own basket. Register for a 30-minute time slot to guarantee your space. Walk-ins will not be accepted due to very limited capacity. This year, participants can expect a special visit from the RecMobile, packed with fun crafts and games put on by Happy Valley Parks and Recreation!

Time Slots:

10:00am: Younger Kids (9months to 3 years)

10:45am: All Ages (9 months to 10 years)

11:30am: All Ages (9 months to 10 years)

12:30pm: Big Kids (4 years to 10 years)

• Parent and Me Class

May. 4 – May. 26, 10:00a.m.-10:45a.m.

Wednesday - Ages 1 ½ - 3 ½

\$80 per 4 weeks

Grown-up participation required. Your child will sing, dance, play games, watch puppet shows, and even have “Surprise Time!” Our youngsters feel great about themselves as they learn basic tumbling and sports skills in a fun and positive setting. Our curriculum keeps these active little ones engaged and captivated while improving their fine and gross motor proficiency and increasing strength and agility. Running, jumping, and spatial awareness are milestones in this program. Our caring teachers will build up your little one’s confidence and self-esteem with gentle encouragement. This helps children develop social skills, learn to follow directions, and cooperate in a group of their peers. Above all else, we make sure your child’s self-esteem will soar!

• Mighty Mites

May. 4 – May. 26, 11:00a.m.-11:45a.m. - Wednesday

Ages 3 ½ - 5 ½ - \$80 per 4 weeks

Some kids may require grown-up participation. Mighty Mites are transitioning from toddlers to big kids! The children participate independently with their teachers while parents can watch and cheer them on. This is a huge milestone we don’t take lightly, as confidence and self-reliance are cornerstones of this curriculum. In this program, you’ll see your child’s strength, flexibility, and agility increase as our teachers coach the kids through relays, basic gymnastics, and sports skills. Positive reinforcement abounds—and we promise your child will leave class with feelings of pride, accomplishment, and success!



• SoccerTots

Apr. 30 – May. 21 9:00a.m.-9:30a.m.

Ages 3-4 - \$69

Playable on almost any surface, these soccer-themed motor skill classes are very easy for youngsters to get into. Younger age groups focus on developing motor skills and self-confidence; older classes focus more on developing core soccer skills and personal focus and introduce an element of light competition. Instructor-to-student ratio is kept small to maximize individual development, and above all else we promote fun, fun, fun!

• SoccerTots

Apr. 30 – May. 21 9:45a.m.-10:15a.m.

Ages 4-5 - \$69

Playable on almost any surface, these soccer-themed motor skill classes are very easy for youngsters to get into. Younger age groups focus on developing motor skills and self-confidence; older classes focus more on developing core soccer skills and personal focus and introduce an element of light competition. Instructor-to-student ratio is kept small to maximize individual development, and above all else we promote fun, fun, fun!



• Mini-Hawk (basketball & soccer)

Apr. 30 – May 21 10:30a.m.-11:15a.m.

Ages 5-7 - \$79

This multi-sport program was developed to give children a positive first step into athletics. Basketball, and soccer are taught in a safe, structured environment filled with encouragement and fun. Through games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace.

• Basketball

Apr. 30 – May. 21 11:30a.m.-12:30p.m.

Ages 7-12 - \$89

This fun, skill-intensive program is designed with the beginning to intermediate player in mind. Using our progressional curriculum, our basketball staff focus on the whole player, teaching your child the skills needed both on and off the court to be a better athlete. Each day will start with a “skill of the day” and progress into drills and games. After a week of passing, shooting, dribbling, and rebounding, your child will show you why this is one of our most popular programs.



• Hoopster Tots

Apr. 30 – May 21 12:45p.m.-1:15p.m.

Ages 3-5 years - \$69

Learning basketball has never been more fun! These classes focus on dribbling, shot technique, passing and teamwork. Adjustable hoops and appropriately sized basketballs are used to always provide just the right amount of challenge.



Soccer Shots

All classes held at Happy Valley Park.

• Soccer-Premier

Mar. 13 – May. 22, 2:00p.m.-2:45p.m.

Sunday - Ages 5-8 - \$199

Soccer Shots Premier focuses on individual skill, fitness, and sportsmanship, providing an opportunity for children to be challenged through fun games and team interaction. Children will also be introduced to competition in a developmentally appropriate manner.



• Soccer-Classic

Mar. 13 – May. 22, 3:00p.m.-3:35p.m.

Sunday - Ages 4-5 - \$199

Soccer Shots Classic utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing, and shooting. We also highlight a positive character trait each session such as respect, teamwork, and appreciation.

• Soccer-Classic

Mar. 13 – May. 22, 3:50p.m.-4:25p.m.

Sunday - Ages 3-4 - \$199

Soccer Shots Classic utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing, and shooting. We also highlight a positive character trait each session such as respect, teamwork, and appreciation.



Skyhawks Sports Classes

Programs held at Happy Valley Park.

• Mini-Hawk (baseball, basketball & soccer)

Mar. 21 – Mar. 25 9:00a.m.-12:00p.m.

Ages 4-6 - \$149

This multi-sport program was developed to give children a positive first step into athletics. Baseball, basketball, and soccer are taught in a safe, structured environment filled with encouragement and fun. Through games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace.

• Multi-Sport (basketball & soccer)

Mar. 21 – Mar. 25 1:00p.m.-4:00p.m.

Ages 4-6 - \$149

Our multi-sport program is designed to introduce athletes to a variety of different sports in one setting. For this program we combine soccer and basketball into a series of clinics. Athletes will learn the rules and essentials skills of each sport along with vital life lessons such as respect and teamwork.



Meals on Wheels People

Through the Meals on Wheels People program, Happy Valley Parks and Recreation provides warm, nutritious meals to some of our community's most vulnerable seniors while offering friendly visits to those who may otherwise feel isolated or have difficulty getting out and about.

Please consider donating to the City's local Meals on Wheels People program by visiting happyvalleyor.gov/meals-on-wheels. Learn about how you can volunteer for this vital program or submit a tax-deductible donation in the amount of your choice. Your gift, whether through volunteering or financial aid, will support homebound seniors right here in Happy Valley.



Want to partner with Parks & Recreation?

Interested in teaching a class for Happy Valley Parks & Recreation? Know of a skilled instructor with talents to share? Whether you have an expertise in fitness, arts and crafts, or a relevant topic of study, we want to hear from you!

The Happy Valley Parks and Recreation Department is dedicated to building strong families and community through recreational opportunities. We believe the benefits of participating in recreational programs, classes, and events are the foundation of our City's culture.

Thank you for your interest in becoming an independent contract instructor with the City of Happy Valley Parks and Recreation Department. Please contact Stephani Hern by email at: stephanih@happyvalleyor.gov or parks@happyvalleyor.gov for more information. We are excited about the possibility of working together to reach our common goals and to serve our community!



To register for one of these featured programs, be sure to check out www.happyvalleyor.gov/services/parks

• Soccer-Premier

Mar. 29 – Apr. 21, 4:05p.m.-4:50p.m. & 5:05p.m.-5:50p.m.
Tuesday / Thursday - Ages 5-8 - \$159
Soccer Shots Premier focuses on individual skill, fitness, and sportsmanship, providing an opportunity for children to be challenged through fun games and team interaction. Children will also be introduced to competition in a developmentally appropriate manner.

• Soccer-Premier

Apr. 26 – May. 19, 4:05p.m.-4:50p.m. & 5:05p.m.-5:50p.m.
Tuesday / Thursday - Ages 5-8 - \$159
Soccer Shots Premier focuses on individual skill, fitness, and sportsmanship, providing an opportunity for children to be challenged through fun games and team interaction. Children will also be introduced to competition in a developmentally appropriate manner.



COMING APRIL 2022 Youth Open Gym Basketball Nights

Happy Valley Parks and Recreation is excited to bring back youth open gym basketball nights this spring! Follow us for schedule details at: www.happyvalleyor.gov/parks



COMING APRIL 2022 Car Care Clinic

Calling all teen drivers! Let our experts show you how to take care of your vehicles! Everything from tires, fluid checks, maintenance, lights, and road safety. Details coming soon! Follow us at: www.happyvalleyor.gov/parks for more info.



First Aid/CPR/AED Training Classes held at Happy Valley City Hall.

• First Aid/CPR/AED Training SAVE THE DATES!

Sunday Apr. 10, 9:00a.m.-4:00p.m.
Saturday May. 28, 9:00a.m.-4:00p.m.
Wednesday Jun. 08, 9:00a.m.-4:00p.m - Ages 10+

Our in-person CPR/First Aid Training course combines lecture with hands-on skills sessions. Perfect for those who learn best in a traditional classroom setting, our in-person class gives you ample time to ask questions and become comfortable with the latest techniques. Students will learn how to recognize and care for a variety of first aid emergencies such as burns, cuts, scrapes, sudden illnesses, head, neck, back injuries, heat and cold emergencies and how to respond to breathing and cardiac emergencies for victims. The skills you'll learn during the process can make all the difference to someone in need. Whether you require certification, or you simply want to learn how to respond in the event of an emergency, our in-person learning courses make it easy to get First Aid/CPR/AED certified to be prepared for the moments that matter.

*Scholarships available through the Happy Valley Parks Foundation: www.hvprf.org/



Babysitter Training Course Classes held at Happy Valley City Hall.

• Babysitter Training

Mar. 25 & Apr. 15 9:00a.m.-4:00p.m.
Ages 10 - 16
Resident - \$50/
Non-resident - \$75

Our in-person babysitter classes give you access to the latest information on childcare, offer tips, and can answer all of your questions so that you're ready to start your own babysitting business. With lecture and class activities, these courses are engaging, informative and fun. Although every situation is unique, there are some universal skills and techniques that every babysitter should have. Our courses were designed with this principle in mind and can help you deliver the care that families need. Just a few of the things our babysitting classes cover include: Basic Care for Infants and Children, Basic First Aid, Child Behavior, Age-Appropriate Activities, Emergency Protocols, Professionalism, Leadership, Growing Your Business.

*Scholarships available through the Happy Valley Parks Foundation: www.hvprf.org/



Field Trip Fridays

• Field Trip Fridays

Meeting location: HV City Hall – 16000 SE Misty Dr.

Come enjoy a new experience and leave the driving to us! The group will meet at Happy Valley City Hall where participants can hop on the RecMobile to enjoy an afternoon exploring a handful of Oregon's social, educational, and inspiring gathering spots, all while getting to know members of your community! Spots will be limited. To check out featured field trips, visit: www.happyvalleyor.gov/parks



Adventures Without Limits

• Mother's Day Weekend Kayak Trip

May. 7, 10:00a.m.-1:00p.m.
Saturday - Ages 6+ - \$83

Grab your mom or loved one, push off from shore and spend Mother's Day discovering a world of calm waters and relaxed paddling. Estacada Lake is a dammed portion of the Clackamas River that is accessible from Milo McIver State Park. This paddle route travels along a forest-lined river that extends through a river canyon with seasonal waterfalls pouring from the sides. It's not uncommon to spot osprey, eagles and other wildlife from the river. This paddle is great for beginners or those looking for a tranquil paddle on flat water. Although motorized boats are permitted, the paddle has plenty of opportunities for solitude and quiet moments.

*AWL provides all of the paddling equipment necessary, including safety gear and lifejackets. Participants are asked to bring water, lunch, and appropriate clothing for the day.



• Father's Day Weekend Rock Climbing

June 18, 10:00a.m.-1:00p.m.
Saturday - Ages 6+ - \$99
Details coming soon!



HV Hikers - Get out and Move!! www.hvhikers.com/

HV Hikers are back in action! Their goal is to encourage you to experience the beauty of the area, to get a little exercise, and to make new friends. All hikes are free, no RSVP required. If it's on the calendar, they'll be there. Groups walk frequently in the area bordered by Sunnyside (on the south), Valley View Terrace (on the west), Clatsop (on the north) and 172nd (on the east). This is a varied group, and since all are welcome to show up without RSVP, we see new faces all the time. Interested in join a group hike around the valley? Be sure to visit the HV Hikers newly updated webpage for a calendar view of all upcoming group hikes.



International Day of Happiness

Monday, Mar. 21,
11:00a.m.-1:00p.m.
Happy Valley Park

Tuesday, Mar. 22,
11:00a.m.-1:00p.m.
Village Green Park

Wednesday, Mar. 23,
11:00a.m.-1:00p.m.
Hidden Falls Nature Park



Let's celebrate International Day of Happiness Happy Valley Style!! Follow the RecMobile as it travels to parks throughout the valley packed with games, crafts, bubble machines and SMILES! Our friends at Kona Ice will be with us spreading happiness in the form of shaved ice!



Happy Valley Parks & Recreation Foundation

Living and Playing Together

The Happy Valley Parks and Recreation Foundation works collaboratively with the City's Parks and Recreation Department to help bolster park amenities and vital programming. At its core, the Foundation is dedicated to ensuring that parks and recreational programming are available for the enjoyment of all Happy Valley residents and visitors.

Help make a difference! The Happy Valley Parks and Recreation Foundation is a 501(c)3 nonprofit organization. Donations to the Foundation not only help sustain City parks and natural areas, but they directly support such essential community programs as Meals on Wheels and recreational scholarships which directly benefit those who may otherwise not have access to these services.

Be sure to check out www.hvprf.org for more information and follow @HVPRF on Facebook!



Discover the Beauty of Happy Valley

One of the best-kept secrets about Happy Valley's parks and trails? Many are even better in winter. Experience the satisfying crunch of frost under your boots as you walk along a path or capture a glimpse of early morning sun as the City slowly awakens to activity. No matter how great the other seasons are in the Valley, the City's parks transform come winter into spellbinding landscapes that replenish the soul and invigorate the senses.

HAPPY VALLEY PARK

13770 SE Ridgecrest Rd.

This 32-acre park offers a variety of activities including a boardwalk through the wetlands, playground areas, a splash pad, several dog parks, exercise stations and a large common area perfect for many of the City's community events. Covered picnic areas can be reserved for private parties by contacting City Hall.



Happy Valley Park will soon be the epicenter of walkers, joggers, sports teams, and a blooming flora and fauna. As nature awakens this season, get ready to discover something new.



MOUNT TALBERT NATURE PARK

10695 SE Mather Rd.

Mount Talbert is the largest of three buttes in Happy Valley, a group of extinct volcanoes and lava domes, and the largest nature reserve in Happy Valley at 200-acres. The park offers miles of hiking trails, cultural history and natural resources, and panoramic views.



SCOUTER'S MOUNTAIN NATURE AREA

S.E. Boy Scout Lodge Road and Southeast 147th Ave.

Scouters Mountain Nature Park is home to a 100-acre park with an unbeatable view of Mt. Hood. The park is accessible year-round with viewpoints that can be enjoyed by all. Fun and whimsical art sculptures are scattered around the property. Look closely as they blend in with the natural landscape.



MOUNT SCOTT NATURE TRAILS

Located at the top of Mt. Scott with multiple trail access points. On street parking only.

The 24-acre park, complete with miles of trails, dense foliage, interesting landmarks, and a lively creek, will make you feel as if you are deep in the forest when you are only steps away from Happy Valley neighborhoods.



SCOTT CREEK PARK & TRAIL

Located west of 129th with multiple trail access points. On street parking only.

With less than nine acres of land, Scott Creek Park is a small park with lots to offer. If you are looking for a quick escape from daily life, the vegetation, wildlife and running water along this trail will appeal to all your senses.



ASHLEY MEADOWS PARK

15410 SE Oregon Trail Dr.

Tucked within a neighborhood, this 1.7 acre area is perfect for kids who need to burn some energy.



REBSTOCK PARK

12915 SE King Rd.

Located behind the Happy Valley Community Policing Center, Rebstock Park is a small, picturesque park, perfect for a picnic and a little quiet time outdoors.



VILLAGE GREEN PARK

13786 SE Sieben Parkway

Located across the street from the Happy Valley Library, there is always plenty to do at this active, family park. Its modern play structures offer kids a fun way to stay active and during summers, the park even lends itself to concerts and movies.



SOUTHERN LITES NEIGHBORHOOD PARK

12088 SE 117TH Ave.

Perfect for little ones, this neighborhood park not only offers a play structure, but also has access to the scenic Scott Creek Trail.



ELLA V. OSTERMAN PARK

10501 SE William Otty Road

Ella V. Osterman Park is perched on Happy Valley's west slope, and shelters along the edge of wooded area. While the park is conveniently located near local neighborhoods, the surrounding woods offer a nature-dense backdrop that creates a great afternoon retreat.



HIDDEN FALLS NATURE PARK

There are two main access points to Hidden Falls Nature Park. To the north of Rock Creek, there is an entrance at Pioneer Dr. and 156th Ave. To the south of Rock Creek, there is an entrance point on 162nd Ave., just past the dead end and alongside Hood View Park.

This 21.3-acre area of serene beauty is perfect for hikes. With a 0.84-mile multi-use paved trail and viewing areas of the falls, experience the flora and fauna of this breathtaking spot. Please note the pathway to the falls, while paved, is steep and may not be suitable for those needing more stability.



Spring is in the Air!

